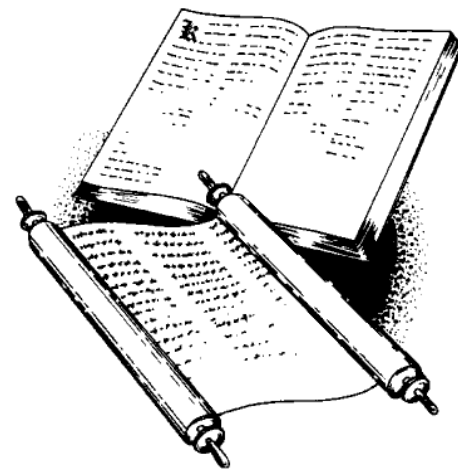


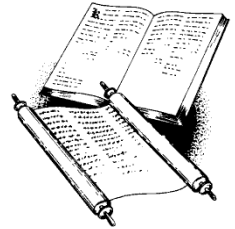
# **WELCOME to CBISA - Year 3**



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***Catholic Bible Institute  
of Southern Arizona  
– Diocese of Tucson –  
December 12, 2020***

# CBISA Year 3 – Today's Schedule



- ❑ 8:45 Sign-in to ZOOM Session; Say hello on “Chat” (for attendance records)
- ❑ 9:00 **Welcome & Opening Prayer** (Team 6)
- ❑ 9:15 **Presentations** (handouts at <http://catholic-resources.org/CBISA/> )
  - Review of Listening Skills & Effective Questions
  - Roadblocks to Communication
  - **Conflict-Resolution Skills & Conflict-Resolution Models**
  - Questions about Spring Team Projects? Visits / Observations / Observation Forms
  - Discussion of Readings (Mestre, chaps. 3 & 4; Regan, chap. 5)
  - (with two 10-minute breaks, starting around 10:00 and 11:00)
- ❑ 12:00 **Lunch Break**
- ❑ 1:00 ***Lectio Divina* Practice**
  - Review Faith Sharing Guidelines & *Lectio Divina* Steps (5 min)
  - *Lectio Divina* Practice Groups: **Third Sunday of Advent, Year B**  
*facilitated by students 5&6 in each group* (45 min)
  - Small-Group Self-Evaluation (10 min)
- ❑ 2:00 Large-Group Evaluation & Discussion of *Lectio Divina* Process
- ❑ 2:30 **Final Announcements and Closing Prayer** (Team 7)
  - Spring Project Detailed Plans – any revisions or changes due ASAP
- ❑ 2:45 Conclusion

# Opening Prayer: Advent



## □ Song: *The Advent of Our God*

(<https://www.youtube.com/watch?v=eJJ4-bpfUJU>)

## □ Introduction:

■ Advent is the time we are reminded that our God draws near. Long ago God came as one of us. Through the ages God continues to come as Spirit, as Word, as bread and wine, and in each one of us when we reach out to those in need. Believing in a God who draws near to his children, we wait; we hope and we labor for a more just, loving and peaceful world. As we make this Advent journey we invite God to come again and again so that our waiting, our hoping and our laboring may give way to the fulfillment of God's promise to come in glory.

## □ Opening Prayer:

■ *Let us pray:* O God, your promise to come in glory will be a reality when our hearts are one, our hands extend to one another in peace and our earth is renewed. Be with us in this Advent moment as we come together to celebrate this season of waiting. We ask this in the name of Jesus, who draws near, who lives and reigns with You and the Holy Spirit, one God forever and ever. **Amen.**

# Opening Prayer: Advent



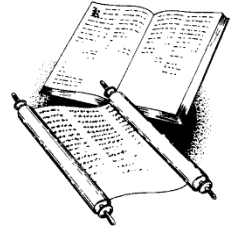
## □ Lighting of an Advent Wreath:

- As we make our Advent prayer, we bring to mind all the children of God who wait.
- We bring to mind those who long to be treated with dignity, and we ask that we may be committed to respect every individual we encounter, in our words and in our deeds.
- We bring to mind those who wait for peace in our day, and we ask that we may be persuasive in asking our leaders to put away weapons of war.
- We bring to mind those who work for the healing of the earth, and we ask that we may be willing to make personal choices that make a difference.
- We bring to mind those who search for meaningful work, and we ask that we may advocate forcefully for just economic systems that provide jobs with justice.
- We bring to mind those who are hungry, and we ask that we may take more of a role in transforming our food systems so all may partake of the banquet.
- We bring to mind those who have no home, and ask that we may help them through our friendship and our resources.

□ **ALL:** May the needs of our world that we bring before you today make us aware of how much our world is in need of your presence. Let us be a sign of that presence to our brothers and sisters in need. We ask this in the name of Jesus Christ, our Lord. Amen.

# Reading: Isaiah 9:1-6

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*A Reading from the Book of the Prophet Isaiah.*

The people who walked in darkness have seen a great light;

Upon those who lived in a land of gloom a light has shone.

You have brought them abundant joy and great rejoicing;

They rejoice before you as people rejoice at harvest,  
as they exult when dividing the spoils.

For the yoke that burdened them, the pole on their shoulder,

The rod of their taskmaster, you have smashed, as on the day of Midian.

For every boot that tramped in battle, every cloak rolled in blood,  
will be burned as fuel for fire.

For a child is born to us, a son is given to us; upon his shoulder dominion rests.

They name him Wonder-Counselor, God-Hero, Father-Forever, Prince of Peace.

His dominion is vast and forever peaceful, upon David's throne,

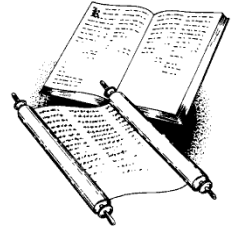
and over his kingdom, which he confirms and sustains by judgment and justice,  
both now and forever.

The zeal of the LORD of hosts will do this!

*The Word of the Lord. Thanks be to God!*

# Responsorial Psalm

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## □ Psalm 25:4-5, 8-9, 10+14

■ *Leader: O Lord, we look for your coming.*

**Response: O Lord, we look for your coming.**

■ Make known to me your ways, LORD; teach me your paths.

Guide me in your truth and teach me, for you are God my savior.

For you I wait all the long day, because of your goodness, LORD. (*Response*)

■ Good and upright is the LORD, who shows sinners the way,  
Guides the humble rightly, and teaches the humble the way.

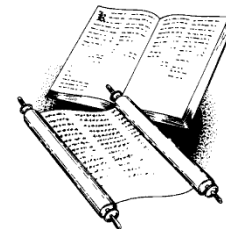
All the paths of the LORD are faithful love  
toward those who honor the covenant demands. (*Response*)

■ The counsel of the LORD belongs to the faithful; the covenant instructs them.

My eyes are ever upon the LORD, who frees my feet from the snare.

Relieve the troubles of my heart; bring me out of my distress. (*Response*)

# Opening Prayer



## □ Closing Prayer:

- Emmanuel, our broken world waits for you. In the darkness of winter, we choose hope. Trusting in your promise to bless us with your light, we proclaim, “Our God draws near.” God of goodness and love, we thank you for your promises. We welcome your coming into our lives, and we commit ourselves to be a means of your coming to those in need. We offer this prayer in Jesus name. **Amen.**

## □ Song:

*O Come, O Come, Emmanuel* – verses 1&2

([https://www.youtube.com/watch?v=7xtpJ4Q\\_Q-4](https://www.youtube.com/watch?v=7xtpJ4Q_Q-4))



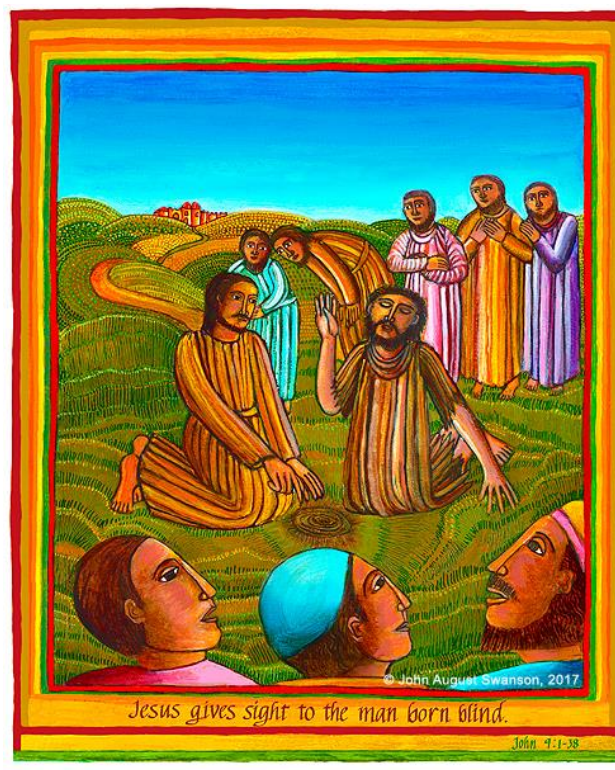


# “The GIFT” Triptych

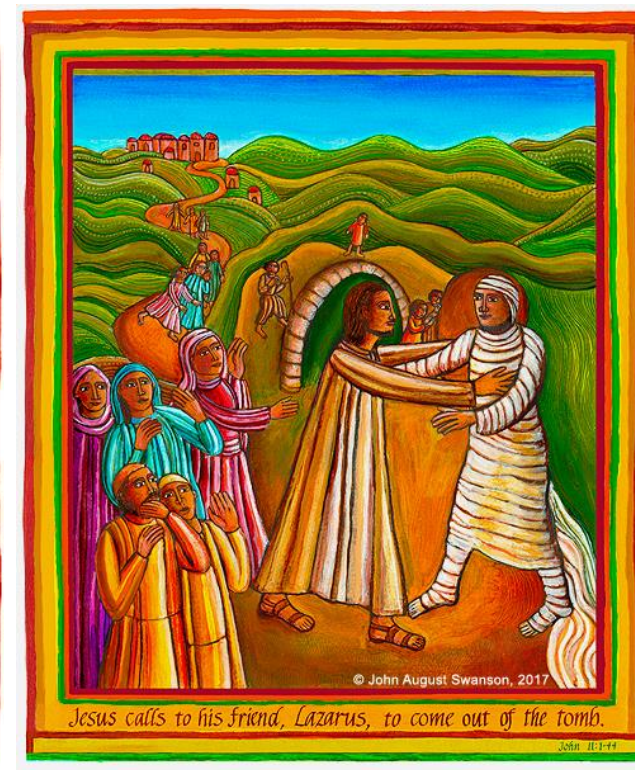
Three Stories from the Gospel of John,  
by John August Swanson



GIFT OF WATER:  
*Samaritan Woman at the Well*  
(John 4:1-42)



GIFT OF SIGHT:  
*Man Born Blind*  
(John 9:1-41)



GIFT OF LIFE:  
*Raising of Lazarus*  
(John 11:1-54)



**NEW:**  
**Canticle of  
the Sun,  
St. Francis**

**Eight Giclee Prints  
by John August  
Swanson**

<https://www.johnaugustswanson.com>



Canticle Of The Sun



Brother Sun



Sisters Moon and Stars



Brother Wind



Sister Water



Brother Fire

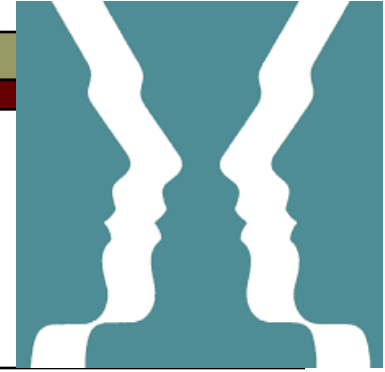


Our Sister Mother Earth



Sister Death

# How People Communicate?



## □ Face-to-Face

- Speaking & Listening
- Vocal Tone & Body Language

## □ In Writing

- Letters / Telegrams / Emails / Text Msg / Tweets
- Documents / Files (*sending & receiving*)

## □ Virtually

- Phone / FaceTime / Skype / Zoom / other Apps?
- One-Way: Recordings (*Voicemail; Podcasts; YouTube; etc.*)
- Advantages & Disadvantages?

## □ Different Preferences?

- Individual Personality Differences? Cultural Differences?
- Male/Female Differences? Generational Differences?

# Listening Skills *(review: from Oct.)*

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- ❑ Listening Skills – Intro (p. 1)
- ❑ The 10 Principles of Listening (pg. 2)
- ❑ Barriers to Effective Listening (pp. 3-4)
- ❑ Guidelines to Being a Better Listener (p. 5)
- ❑ Exercise: An Experience of Listening (p. 6)

# Effective Questions *(review of Nov.)*

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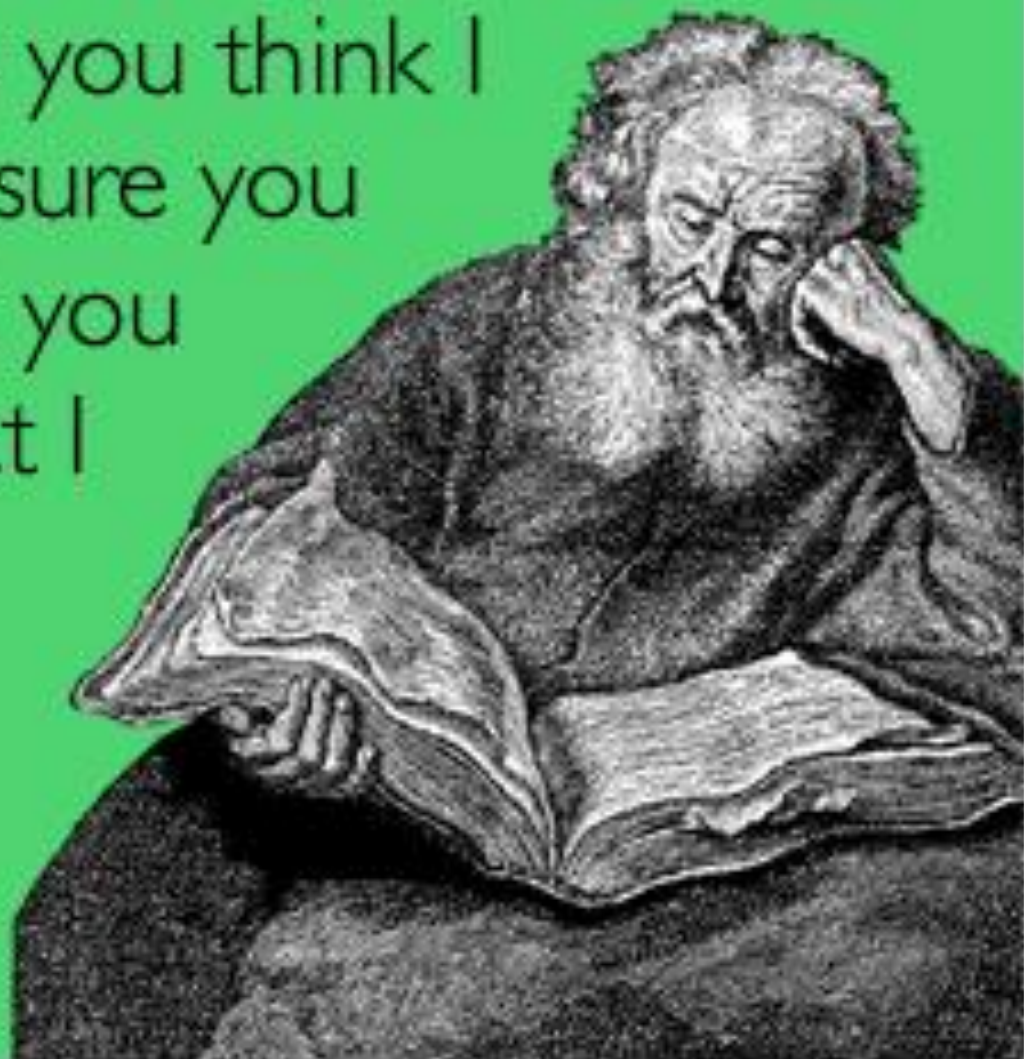


- “Art of Questioning” (pp. 1-2)
- “Preparing Good Questions” (pp. 3-6)
  - **Goal:** *To elicit reflection & discussion in small groups*
  - **3 Types:** Observation / Understanding / Application
  - **Caution:** Avoid “quizzing” questions!
- ***Important:***
  - **How many** good questions do you need to prepare?





I know that you believe you  
understand what you think I  
said, but I'm not sure you  
realize that what you  
heard is not what I  
meant!





# Four Levels of Speaking & Listening



1. What **I** meant to say.

2. What **I** actually said.

3. What **you** actually heard.

4. What **you** think I meant.

1. What **you** meant to say.

2. What **you** actually said.

3. What **I** actually heard.

4. What **I** think you meant.

1 → 2 → 3 → 4

4 ← 3 ← 2 ← 1

**Note:** *There are **GAPS** in between each level!*

**Note:** *There can be “noise” in each step of the process!*

# Oft-Used Quote:

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*“I know that you believe  
you understand  
what you think I said,  
but I am not sure you realize that  
what you heard is not what I meant.”*

# Communication Roadblocks

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# Roadblocks to Communication

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## 1. ORDERING, DIRECTING, COMMANDING

- Telling others to do or not do something; giving orders or commands.
- *Hidden Message:* “I have power that you don’t have.”

## 2. WARNING, THREATENING, PROMISING

- Telling others what consequences will occur if they do or don’t do something.
- *Hidden Message:* “I have the authority to reward or punish you.”

## 3. MORALIZING, PREACHING, SHOULD AND OUGHTS

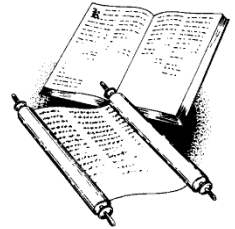
- Telling others what they “should” or “ought” to do, acc. to ***your*** own standards.
- *Hidden Message:* “I have answers or solutions to all your problems.”

## 4. ADVISING, GIVING SOLUTIONS OR SUGGESTIONS

- Telling others how to solve a problem; giving advice, answers, or solutions.
- *Hidden Message:* “You’re too dumb to figure this out, so I’ll tell you what to do.”

# Communication Roadblocks

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## 5. JUDGING, CRITICIZING, BLAMING, STEREOTYPING

- Making negative judgments or evaluations of others; making them feel foolish; putting them into categories; shaming them.
- *Hidden Message:* “There’s something wrong with you.”

## 6. INTERPRETING, ANALYZING, DIAGNOSING

- Telling others what ***their*** motives are; analyzing why ***they*** are doing or saying something.
- *Hidden Message:* “I have you all figured out.”

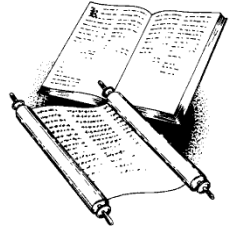
## 7. SMOKE-SCREENING, CONDESCENDING, PATRONIZING

- Trying to ***avoid*** the problem; distracting or pushing the problem aside; trying to talk others out of their feelings or make their feelings go away.
- *Hidden Message:* “It’s too risky to deal with you.”



# Communication Roadblocks (cont.)

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## IN CONTRAST: DOOR-OPENERS

*(invitations to share more):*

- “Please tell me more about it.”
- *“I’d like to hear what you’re thinking.”*
- “I’m interested in what you have to say.”
  - *“Let’s discuss this a bit.”*
  - Etc.?

# Breakout Group Discussions

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- ❑ What are the most important factors in *fostering effective communication* and *minimizing communication roadblocks*?
- ❑ Recall some of your own experiences:
  - Times when communication went very well?
  - Times when communication didn't happen?
  - *Share an incident that you feel comfortable sharing.*



*Please be back in 10 minutes.*

# Conflicts & Conflict Resolution

- **Problems, Arguments, Crises!**
- **Whose Fault Is It?**
  - “It’s all your fault!”
  - “It’s all my fault!”
  - “It’s nobody’s fault!”
  - “It’s everyone’s fault!”
- **Correct Answer?**
  - BOTH/AND! – or ALL of the Above?

# Questions for **Self**–Reflection

- What role did **I** play?
- How did **I** contribute to the problem?
- How did **my** actions (or reactions or inactions) contribute to the conflict?
- What could **I** have done differently?
- How could **I** have diffused the situation?
- Of whom do **I** need to ask forgiveness?
- Whom do **I** need to forgive? **Can I? Will I?**



# What Is Conflict? (HO pp. 1-2)

- **Inter-personal Struggles** over competing goals, resources, perceptions, ideas.
  - Conflict in life is unavoidable! We're all human!
- **Goals:**
  - *Not to eliminate* all conflict (unrealistic), but:
  - *To minimize* conflict (build cooperation/teamwork)
  - *To resolve* conflicts productively (when they occur)
- **Types of Conflict:**
  - Personal / Relational Conflicts
  - Instrumental Conflicts
  - Conflicts of Interest

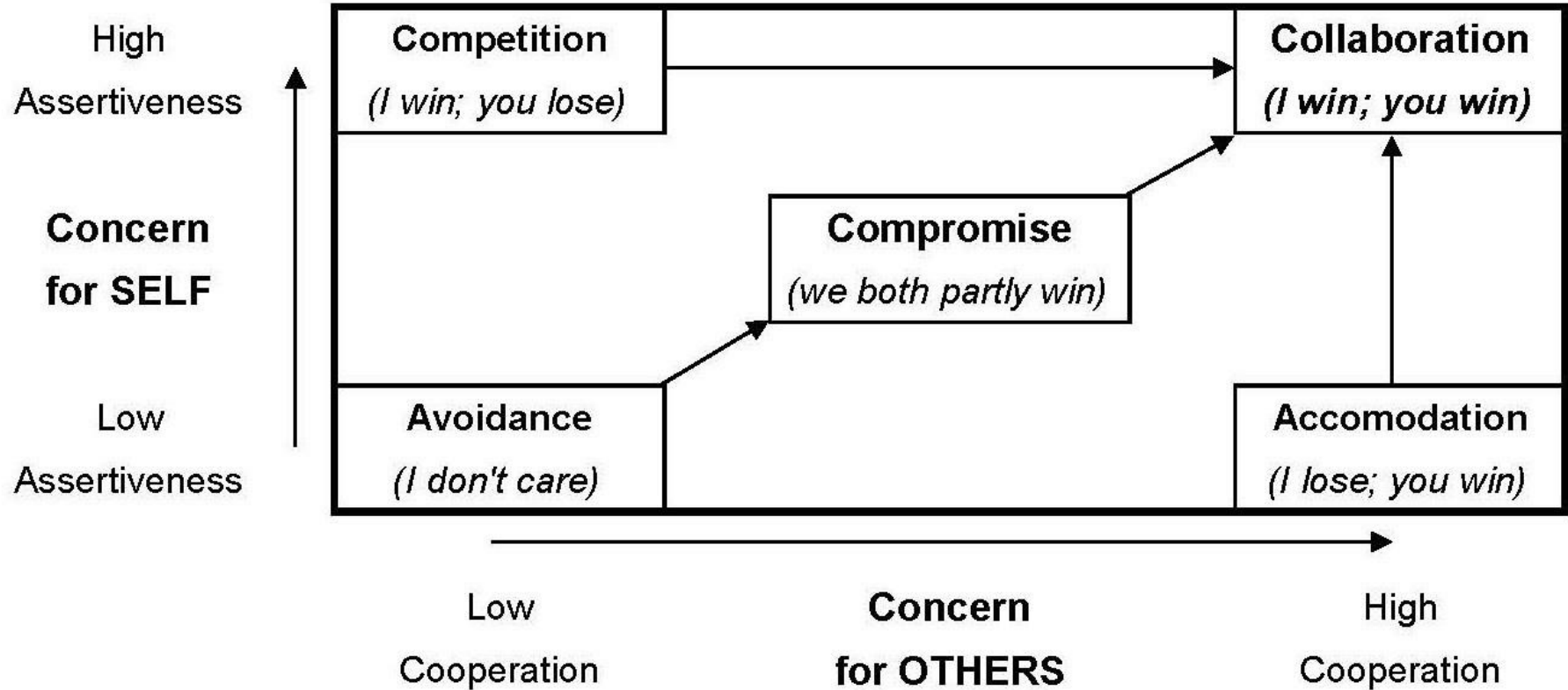
# Conflict Styles (TKI)

- Conflict Mode Instrument
  - by Kenneth Thomas & Ralph Kilmann
- Five Main Styles:
  - Competition (*Fighting*)
  - Collaboration (*Teamwork*)
  - Compromise (*Negotiation*)
  - Avoidance (*Denial; Flight*)
  - Accommodation (*Surrendering*)

See <http://www.skillsyouneed.com/ips/conflict-resolution.html>

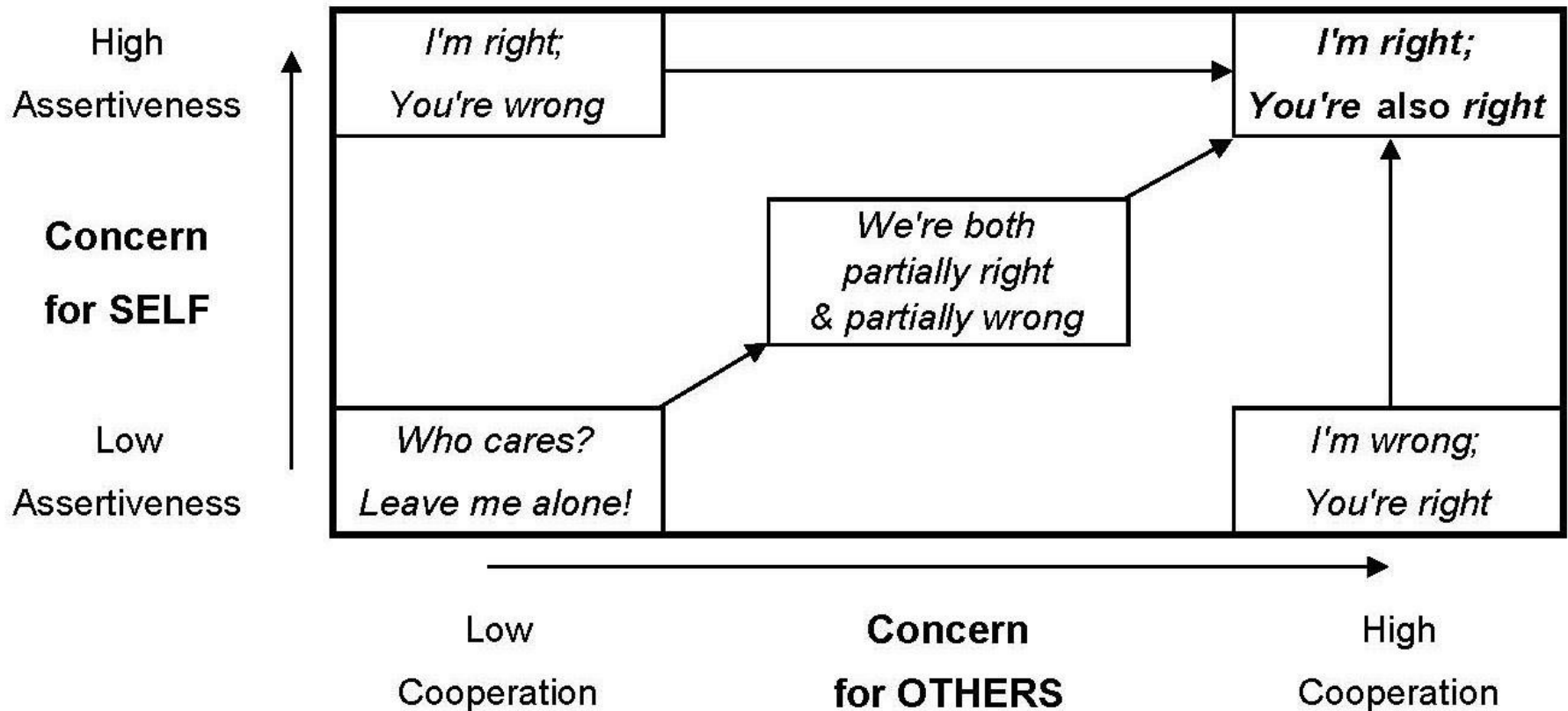
# CONFLICT RESOLUTION MODELS

*(work in the direction of the arrows)*



# RESOLVING COMMUNICATION CONFLICTS

*(carefully distinguish facts from opinions)*



# Resolving Conflict (HO pp. 3-5)

- **Timing:**

- The sooner the better; but it takes time/effort!
- Unresolved conflict leads to negative outcomes

- **Goals/Benefits:**

- Increased Understanding
- Increased Group Cohesion
- Improved Self-Knowledge

- **Prerequisites for Process:**

- Understanding TKI Conflict Styles
- Applying IBR Approach



# IBR – Interest-Based Relational Approach

## **Ground Rules:**

- Good Relationships are First Priority
- Distinguish between People and Problems
- Pay Attention to Everyone's Interests
- LISTEN and try to Understand the other;  
more important than Talking/Convincing
- Clarify the “Facts” of the Situation
- Explore Options Together

# IBR – Interest-Based Relational Approach

## **Process:**

1. Set the Scene
2. Gather Information
3. Agree the Problem
4. Explore Possible Solutions
5. Negotiate a Solution

**Be Calm, Be Patient, Have Respect**

# Handout, pp. 6-8

- **Group Projects: A Conflict Resolution Guide for Students**
  - Compiled by Heidi Burgess, Co-Director, U of Colorado Conflict Research Consortium
  - <https://www.beyondintractability.org/educationtraining/group-projects>
- **Extra Material – Practical Guidelines**
  - Read on your own; discuss with your team
  - Hopefully you'll find some helpful ideas

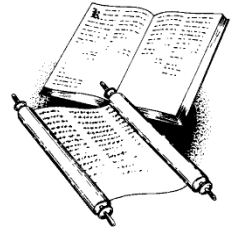
# Conflict Models in Religion?

- **Jewish:**  
*everyone argues all the time!*
- **Protestant:**  
*split and form a new church*
- **Catholic:**  
*form a new Religious Order?*

# Conflict in Your Teams & Groups?

- Become aware of each person's preferred TKI "Conflict Resolution Style"
- Pay attention to your own needs/desires AND the needs/desires of the other person(s)
- Try to prevent conflicts from arising/escalating; address any issues/tensions early on.
- Agree to resolve conflicts that do arise using the tools and processes you've learned.

# Four Levels of Speaking & Listening



1. What **I** meant to say.

2. What **I** actually said.

3. What **you** actually heard.

4. What **you** think I meant.

1. What **you** meant to say.

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1 → 2 → 3 → 4

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**Note:** *There are GAPS in between each level !*

**Note:** *There can be “Noise” in each step of the process !*



# Breakout Group Discussions

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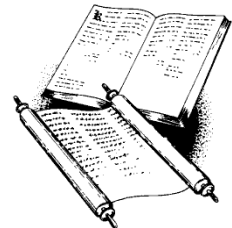


- ❑ On the topic of **conflicts**, or more importantly, **CONFLICT RESOLUTION**:
  - What is the most helpful thing you've learned here?
  - What conflict-resolution skills do you already use?
  - What/how could you do better in the future?
  - How can we apply this in our team project?



*Please be back in 10 minutes.*

# CBISA – Year 3 Syllabus



## □ **SPRING TEAM PROJECTS**

- **Facilitate a Scripture Sharing project** in your own parish, school, or other group setting.
- **Visit and evaluate at least one other Scripture Sharing project** facilitated by other CBI participants.
- Write a summary/evaluation report (1-2 pages) for your own Scripture Sharing project.
- See the extra handout which explains the Team Project in more detail.

## □ **Saturday, May 8, 2021 – Wrap-Up / Evaluation Session:**

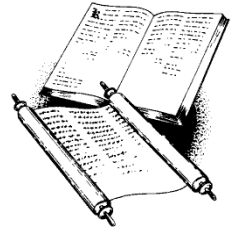
- *Each individual* submits all written summary/evaluation reports;
- *Each team* presents an oral summary of how your project went and what you learned in the process.

## □ **SUNDAY, June 6, 2021 – Certification Ceremony (2:30 pm)**

- Liturgy of Word, Conferral of Certificates, Reception (*location TBD*)

# Year 3 “Team Projects”

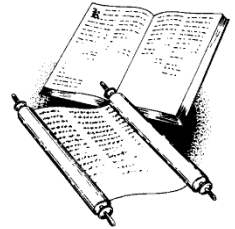
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## **GOAL:** *Learning to Facilitate Small-Group Scripture Sharing*

- ❑ **Who?** - teams of three
- ❑ **With Whom?** - recruit participants; about 8-12 people
- ❑ **Where?** - parish, school, etc.
- ❑ **When?** - almost any time (*finish before May 8, 2021*)
- ❑ **How Long?** - at least *six 90-min sessions* (or nine 60-min sessions)
- ❑ **What?** - choose biblical readings, books, or topic
- ❑ **How?** - Select resources; select *Lectio Divina* or similar approach; integrate prayer, reading, reflection, study, quiet, and sharing.

# Team Projects in Spring 2020:



## December 2020 – Finalize All Plans for Your Team's Project

- ❑ *Revise & Complete your plans*, incorporating any feedback received from Fr. Felix. – **Please NOTIFY Ofelia of major changes**
- ❑ *Arrange for an Evaluation Visit* of one of your sessions by one of the **CBISA Leadership Team members.**
- ❑ *Arrange to visit and observe* a session of another **Scripture Sharing group led by other CBISA students.**

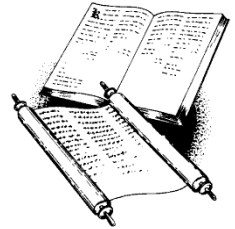
## WINTER/SPRING: Facilitating your Scripture Sharing Group

- ❑ Implement your project, facilitating a small Scripture Sharing group according to the plans made by your project team and approved by the CBISA Coordinators.
- ❑ **For May:** Write a more detailed summary/evaluation report (ca. 2-3 pages) for *your own team's project*: Did your Scripture Sharing group go as planned, or what was changed? What were the best aspects? What could you have done better? What are the most important things you learned from this process?



# Team Project Plans (due 12/5)

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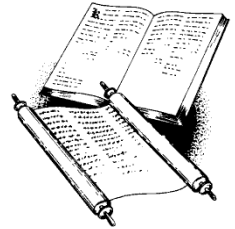


Please be sure to include all of the following in your submission, as an expansion/completion of what you already sent us the last two months:

- **A) Brief summary of logistics:** who (facilitator team & intended participants), what (topic), where (parish name & address, or Zoom), when (weekday & times)
- **B) Overall project calendar (about 1 page):** list the exact dates for all sessions, and what biblical passages you will cover in each session.
- **C) Full details of the first session (2 or more pages, plus any handouts):** explain how you plan to conduct the first session, listing the agenda/schedule, who will do what, what you plan for hospitality, environment, sacred space, prayers, etc.; provide drafts for the opening/closing prayers, your prepared discussion questions, and any other handouts you plan to use.

# Spring Project Teams (and #s)

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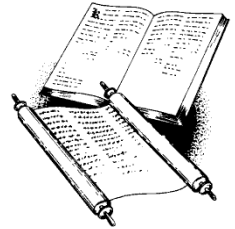


## **Team:** Members

1. **Sally Oakes, Patrick O'Hagan, Juana Messina**
2. **Jessica Gonzaga, Patricia Kurdelski, Br. Jeffrey St-George**
3. **Laura Goodman, Veronica Martinez, Amy Van der Merwe**
4. **Sherri & Bill Justice, Aida & Alberto Urbieto**
5. **Felicia Klein, Frances Madrid**
6. **Daniel & Suzanne Gullota, Sr. Noelle O'Shea**
7. **Elaine Ball, MaryCarmen Cruz, Jose Osuna**
8. **Patricia Ashford, Patricia Lomeli**
9. **Douglas Cook**
10. **Louis Fazio, Kevin Kuper, Bridget Duran**
11. **Holiday Woodward, Joey Lee Henkel ?**

# Project Assessment Forms

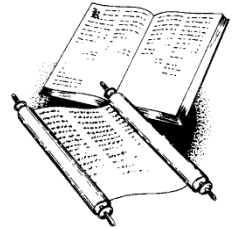
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- ❑ **Two Related Forms:**
  - Peer *Observation* Form
  - Coordinator's *Evaluation* Form
- ❑ **Two Sides to Each Sheet:**
  - Same page 1
  - Slightly different page 2
- ❑ **Email or Bring** these on May 8, 2021

# Project Assessments: Page 1

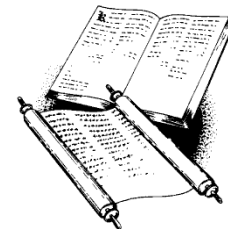
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- ❑ **Top: Basic Info**
- ❑ **Describe the atmosphere of the session overall** (relaxed, exciting, friendly, formal, loving, etc.). How was this evidenced?
- ❑ **How was the biblical content presented?**  
Comment on the method(s) of presentation
- ❑ **How was the group discussion/sharing?**  
Comment on the group dynamics and participation
- ❑ **What did the group facilitator(s) do best** in facilitating this session?
- ❑ **What could the group facilitator(s) have done better...?**
- ❑ **Briefly describe the Prayers and Sacred Space**  
(relation to topic, contribution to the meeting)

# Peer Observation: Page 2

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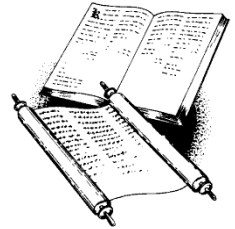
**Reflecting specifically on the areas below,  
*what did YOU learn* from observing this session?**

- 1) Choice of Biblical Theme and/or Scripture Readings:**
- 2) Atmosphere and Environment:**
- 3) Adult Learning Styles and Techniques:**
- 4) Prayer** (Spoken, Sung, Silent, etc.):
- 5) Small-Group Dynamics**  
(esp. the Interaction between Facilitator and Participants):
- 6) Anything Else:**



# Coordinator's Eval: Page 2

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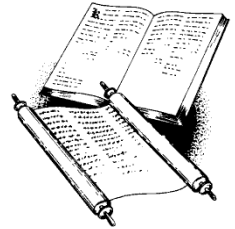


**Describe what you noticed, *positively and/or negatively*, in the following areas overall:**

- 1) Organization, logistics, and hospitality:
- 2) Atmosphere conducive to *adult* learning, discussion, and faith sharing:
- 3) *Integration* of study, sharing, and prayer (incl. music, silence, intercessions, etc.):
- 4) Facilitator's *knowledge* of the Bible and *use* of biblically-related resources:

# Coordinator's Eval. (cont.)

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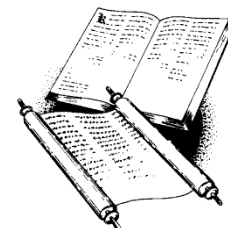


**Describe what you noticed, *positively and/or negatively*, in the following areas overall:**

- 5) Quality of the facilitator's *listening* skills:
- 6) Quality of the facilitator's *questioning* skills:
- 7) Facilitator's ability to *focus* the group and *summarize* the content of the sharing:
- 8) Facilitator's ability to handle *difficulties* within the group:
- 9) Any other comments:

# CBISA “Certification”

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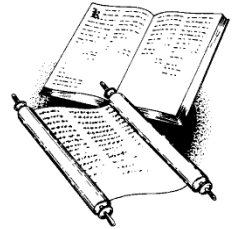


## Requirements for being certified by the Diocese of Tucson:

- ❑ On-time attendance at all five Saturday sessions (Fall 2020 & May 2021).
  - No more than *one* absence can be excused, and *only* for an emergency or very serious reason.
- ❑ On-time submission of all project-related written assignments.
- ❑ Evidence of incorporating the CBISA feedback in revising your project plans.
- ❑ Successful completion of the project planned and implemented by your team.
- ❑ Evidence of having learned and applied the course material:
  - not just knowledge of the structure and content of the OT and NT, but also the availability of academic and pastoral scripture-sharing resources, the principles of “Catholic Biblical Interpretation,” the *Lectio Divina* process, project planning skills, group facilitation skills, conflict resolution skills, and related topics.

# CBISA – Year 3 Syllabus

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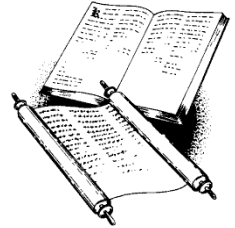
## □ TEXTBOOKS:

- **Mestre, Gabriel.** *Pray with the Bible; Meditate with the Word: The Exciting World of Lectio Divina.* ABS, 2013.
- **Regan, Jane E.** *Forming a Community of Faith: A Guide to Success in Adult Faith Formation Today.* New London, CT: Twenty-Third Publications, 2014.

# Discussion Questions for Dec. 12

## Textbooks by J. Regan & G. Maestre

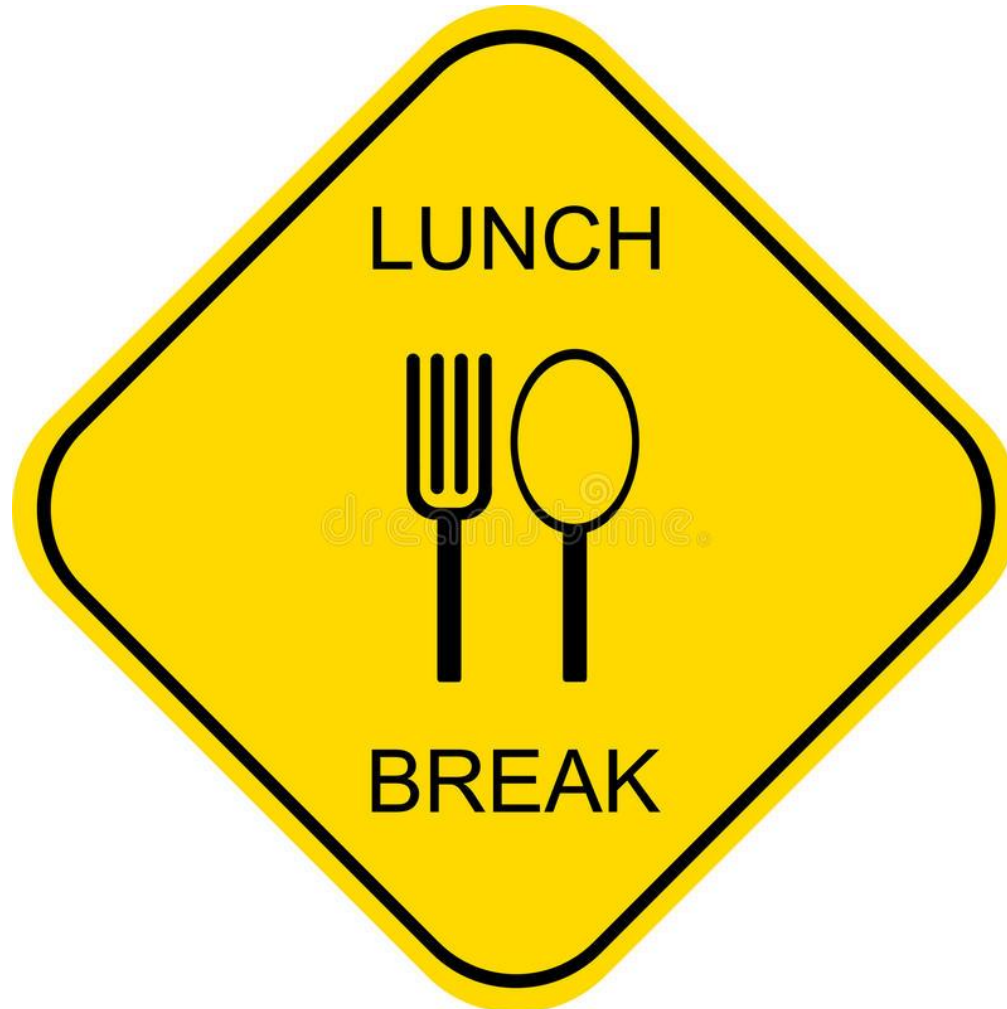
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- ❑ **Regan, Ch. 5:** Think of a group in your pastoral setting that functions well. In what ways does seeing it as a “community of practice” help you understand its effectiveness and the influence it has within the parish? What about those “communities of practice” that are less effective?
- ❑ **Mestre, Ch. 3:** Mestre reminds us of the four stages of our life-long spiritual journey:
  - The Voice of the Word: Revelation
  - The Face of the Word: Jesus Christ
  - The Home of the Word: Church
  - The Ways of the Word: Mission
- ❑ What are some specific ways you can incorporate each of these stages into your team project?

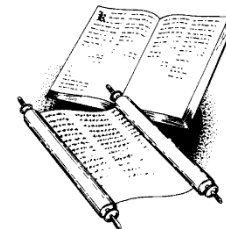
**Lunch** (please return by 1:00)

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# PM: Lectio Divina Practice



## □ 1:00 *Lectio Divina* Practice

- Review Faith Sharing Guidelines & *LD* Steps (5 min)
- *Lectio Divina* Practice Groups: **Third Sunday of Advent, Year B** – *facilitated by students 5&6 in each group* (45 min)
- Small-Group Self-Evaluation (10 min)

## □ 2:00 Large-Group Evaluation & Discussion of *LD* Process

## □ 2:30 **Final Announcements and Closing Prayer**

- **Sat., Dec. 19:** Fr. Felix' Webinar on Lectionary: Christmas Season

## □ 2:45 Conclusion

# CBISA – Fall 2020 Groups



	<b>Group A: Agatha</b>	<b>Group C: Cecilia</b>	<b>Group F: Felicity</b>	<b>Group J: Jerome</b>	<b>Group P: Polycarp</b>
•					
1	Patti A.	Laura R-G.	Bill J.	Veronica M-B.	James S.
2	Elaine B.	Jessica G.	Felicia K.	Juana M.	Br. Jeffrey St.G.
3	Douglas C.	Dan G.	Kevin K.	Sally O.	Aida U.
4	MaryCarmen C.	Suzanne G.	Patricia K.	Patrick O.	Alberto U.
5	Bridget D.	Joey Lee H.	Patricia L.	Sr. Noelle O.	Amy VdM.
6	Louis G.	Sherri J.	Frances M.	Jose O.	Holiday W.

# *Lectio Divina: Process* (ABS)

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- 1) Reading (*lectio*) – hearing God’s Word in the Bible
  - 2) Meditation (*meditatio*) – reflecting on the meaning of the text
  - 3) Prayer (*oratio*) – speaking with God in praise, thanks, petition
  - 4) Contemplation (*contemplatio*) – silence, listening to God
  - 5) Action (*actio*) – letting the encounter affect my life & work
- Flexibly adapt these steps, as needed, for individuals and groups



# LECTIO DIVINA

Reading the Scripture

Reflecting on the Meaning

Responding through Prayer

Resting in God

Responding in Action



*Lectio Meditatio Oratio Contemplatio Operatio*

# *Lectio Divina* – Luke Dysinger, OSB



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Simplified explanation, published in monthly  
*Give Us This Day*, back pages:

- **Read**
- **Ponder**
- **Pray**

Cf. [http://www.saintandrewsabbey.com/Lectio\\_Divina\\_s/35.htm](http://www.saintandrewsabbey.com/Lectio_Divina_s/35.htm)

# Group Facilitator Evaluation

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- ❑ How well did he/she keep the group on track?
- ❑ How well did he/she engage any “quiet” folks?
- ❑ How well did he/she handle “difficult” folks?
- ❑ What did he/she do best? Or not so good?



# Webinars - *Living Word:* *The Scriptures of the 2021 Liturgical Year*

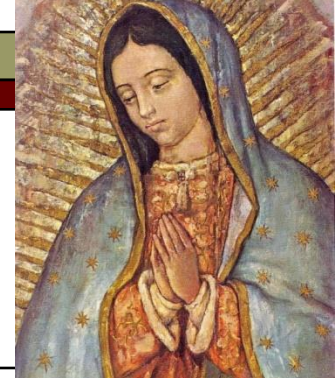
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- **SATURDAYS** (by Zoom), 9:00 am - 12:30 pm
  - **FREE** (*Donations appreciated*)
- **Nov. 21, 2020**  
*The Readings of Advent*
- **Dec. 19, 2020**  
*The Readings of the **Christmas** Season*
- **Jan. 9, 2021**  
*The Gospel of **Mark** (for Liturgical Year B)*
- **Feb. 13, 2021**  
*The Readings of **Lent***
- **March 27, 2021**  
*The Readings of **Holy Week** and the Triduum*
- **~~April 10~~, 2021 – changed April 17**  
*The Readings of the **Easter** Season*

# Closing Prayer: OL Guadalupe

(adapted from <https://www.thereligionteacher.com/our-lady-of-guadalupe-prayer-service/> - by Jared Dees)



- ❑ In many areas of the United States, the feast of Our Lady of Guadalupe is one of the most important feast days in Catholic schools and parishes. As the number of Hispanic Catholics increases, so does devotion to Our Lady of Guadalupe. This prayer service is adapted from the prayer of Pope John Paul II at his visit to the Basilica of Our Lady of Guadalupe in 1979.
- ❑ **Sign of the Cross**
- ❑ **Prayer**

Heavenly Father, the Virgin of Guadalupe called you the Lord of Heaven and Earth, who is in all places, who created all things, and who gives life and maintains its existence; grant to us the graces that come from devotion to the Blessed Virgin Mary, Mother of the true God. We ask this in the name of her beloved Son, Jesus Christ our Lord. **Amen.**

# Closing Prayer: OL Guadalupe



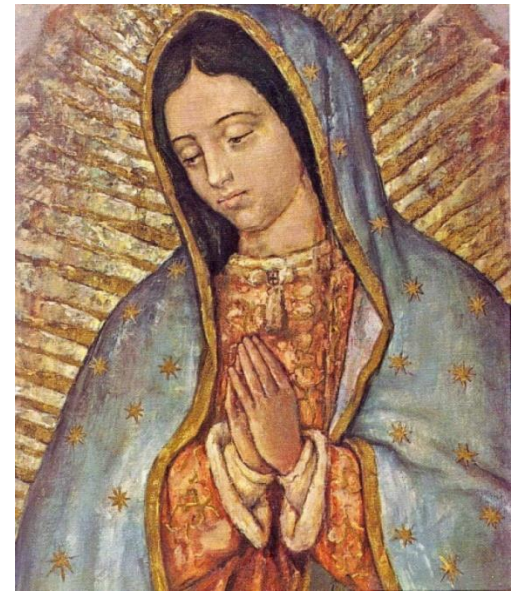
## Reading (Gal 4:4-7)

*A reading from the Letter of St. Paul to the Galatians.*

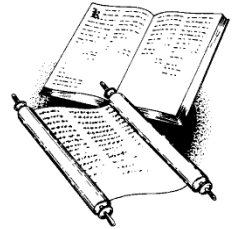
But when the fullness of time had come, God sent his Son, born of a woman, born under the law, so that we might receive adoption. As proof that you are children, God sent the spirit of his Son into our hearts, crying out, “Abba, Father!” So you are no longer a slave but a child, and if a child then also an heir, through God.

*The Word of the Lord.*

*Thanks be to God.*



# Closing Prayer: OL Guadalupe

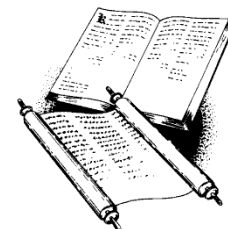


## Invocations

- ❑ O Immaculate Virgin, Mother of the true God and Mother of the Church, hear the prayer that we address to you with filial trust, and present it to your Son Jesus, our sole Redeemer.
- ❑ Mother of Mercy, Teacher of hidden and silent sacrifice, grant peace, justice and prosperity to our peoples; for we entrust to your care all that we have and all that we are, our Lady and Mother.
- ❑ Virgin of Guadalupe, Mother of the Americas, we pray to you for all the Bishops, that they may lead the faithful along paths of intense Christian life, of love and humble service of God and souls.
- ❑ Grant to our homes the grace of loving and respecting life in its beginnings, with the same love with which you conceived in your womb the life of the Son of God.
- ❑ Our hope, look upon us with compassion, teach us to go continually to Jesus and, if we fall, help us to rise again, to return to Him
- ❑ We beg you to grant us a great love for all the holy Sacraments, which are, as it were, the signs that your Son left us on earth.

# Closing Prayer: OL Guadalupe

(adapted from <https://www.thereligionteacher.com/our-lady-of-guadalupe-prayer-service/> - by Jared Dees)



## ❑ Concluding Prayer (All)

Holy Mother, with the peace of God in our conscience, with our hearts free from evil and hatred, may we be able to bring to all true joy and true peace, which come to us from your son, our Lord Jesus Christ, who with God the Father and the Holy Spirit, lives and reigns for ever and ever. Amen.

- ❑ Hail Mary, full of grace, the Lord is with you,  
blessed are you among women  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death. Amen.

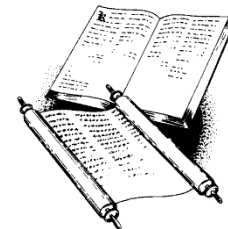
- ❑ **Song:** <https://www.youtube.com/watch?v=HpGkiyQzQ1Y>

- ❑ **Blessing and Dismissal**



# Happy Advent! Go in Peace!

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- ❑ **Sat, Dec. 19:** Fr. Felix' "Living Word" Webinar on Scripture Readings for the Christmas Season
- ❑ **Next Large-Group Meeting on MAY 8:**
  - By Zoom? In Person? – Stay Tuned!
- ❑ **Blessings on your Spring Team Projects!**
  - Go in the Peace of Christ!
  - Merry Christmas & Happy New Year!