ADLA Diaconate Formation, Year 2 Spiritual Exercises

Handout 5X: Extra Material after "Week of Prayer #5"

During the Week Starting Sunday, October 24:

Pray daily (45-60 min. of meditation/contemplation) with the material from
O'Brien, Week of Prayer #5: The Principle and Foundation (pp. 63-70)

During the Week Starting Sunday, October 31:

- Pray daily (45-60 min. of meditation/contemplation) with the following material:
- Sun 10/31 **Genesis 1:1—2:3** (God creates the world, and it is very good)
- Mon 11/1 Wisdom 11:21-26 (God is merciful to all, and loves all that exists)
- Tues 11/2 **Psalm 42** ("As a deer longs for running streams...")
- Wed 11/3 **1 John 4:7-21** (God's love for us)
- Thurs 11/4 **Philippians 1:12-26** ("For me, life is Christ...")
- Fri 11/5 Repetition of "Principle and Foundation" (either version)
- Sat 11/6 Review of the Week: Savor the Graces Received

ADLA Diaconate Formation, Year 2 Spiritual Exercises

Handout 6X: Extra Material after "Week of Prayer #6"

During the Week Starting Sunday, November 7:

Pray daily (45-60 min. of meditation/contemplation) with the material from
O'Brien, Week of Prayer #6: God's Call to Me (pp. 71-77)

During the Week Starting Sunday, November 14:

- Pray daily (45-60 min. of meditation/contemplation) with the following material:
- Sun 11/14 **Isaiah 6:1-8** (Call of Isaiah)
- Mon 11/15 **1 Samuel 3:1-10** (Call of Samuel)
- Tues 11/16 **Ezekiel 34:11-16** (God as our Shepherd)
- Wed 11/17 **Repetition** of the previous three days
- Thurs 11/18 Mark 1:14-20 (Call of Four Fishers)
- Fri 11/19 **Matthew 11:25-30** ("Come to Me")
- Sat 11/20 Review of the Week: Savor the Graces Received

Note: Also continue praying the Consciousness Examen each day (10-15 min.)