ADLA Diaconate Formation, Year 2 Spiritual Exercises

Handout 5X: Extra Material after “Week of Prayer #5”

During the Week Starting Sunday, October 24:
- Pray daily (45-60 min. of meditation/contemplation) with the material from O’Brien, Week of Prayer #5: The Principle and Foundation (pp. 63-70)

During the Week Starting Sunday, October 31:
- Pray daily (45-60 min. of meditation/contemplation) with the following material:
  - Sun 10/31  Genesis 1:1—2:3  (God creates the world, and it is very good)
  - Mon 11/1   Wisdom 11:21-26  (God is merciful to all, and loves all that exists)
  - Tues 11/2  Psalm 42  (“As a deer longs for running streams…”)
  - Wed 11/3   1 John 4:7-21  (God’s love for us)
  - Thurs 11/4  Philippians 1:12-26  (“For me, life is Christ…”)
  - Fri 11/5   Repetition of “Principle and Foundation” (either version)
  - Sat 11/6   Review of the Week: Savor the Graces Received

Note: Also continue praying the Consciousness Examen each day (10-15 min.)

ADLA Diaconate Formation, Year 2 Spiritual Exercises

Handout 6X: Extra Material after “Week of Prayer #6”

During the Week Starting Sunday, November 7:
- Pray daily (45-60 min. of meditation/contemplation) with the material from O’Brien, Week of Prayer #6: God’s Call to Me (pp. 71-77)

During the Week Starting Sunday, November 14:
- Pray daily (45-60 min. of meditation/contemplation) with the following material:
  - Sun 11/14  Isaiah 6:1-8  (Call of Isaiah)
  - Mon 11/15  1 Samuel 3:1-10  (Call of Samuel)
  - Tues 11/16  Ezekiel 34:11-16  (God as our Shepherd)
  - Wed 11/17  Repetition  of the previous three days
  - Thurs 11/18  Mark 1:14-20  (Call of Four Fishers)
  - Fri 11/19  Matthew 11:25-30  (“Come to Me”)
  - Sat 11/20  Review of the Week: Savor the Graces Received

Note: Also continue praying the Consciousness Examen each day (10-15 min.)