

PLANNING GUIDE for MORNING PRAYER and EVENING PRAYER

In *Christian Prayer: The Liturgy of the Hours*:

- For the “Ordinary” structure of MP, see pp. 686-694
- For the “Ordinary” structure of EP, see pp. 694-698
- First, check if there is a Feast or Memorial of a Saint: see pp. 22-33 and 1060-1353 (using the “Commons,” pp. 1355-1500, is often optional)
- Then, see the “Proper of Seasons”: pp. 41-683 (but note that most Weekdays in Ordinary Time do not have “Proper” texts for MP or EP, only for the “Office of Readings”)
- For most texts you will need, use the four-week Psalter, pp. 701-993.

MORNING PRAYER / LAUDES

Day/Date: _____ Feast: _____ Psalter Week # _____

[stand/de pie]

INVITATORY / INVITATORIO (optional; texts on pg. 686-689)

OPENING DIALOGUE / DIÁLOGO INICIAL (full text on pg. 689)

HYMN / HIMNO: _____

[sit/sentado]

PSALMODY / SALMODIA: pp. _____

Psalms # _____ / Salmo # _____ (Note: Psalm numbers are often 1 *more* in Engl. than in Span.)

Antiphon 1 / Antífona 1:

[Psalm Prayer - optional]

Canticle / Cántico: _____ (biblical ref.)

Antiphon 2 / Antífona 2:

Psalms # _____ / Salmo # _____

Antiphon 3 / Antífona 3:

[Psalm Prayer - optional]

WORD OF GOD / PALABRA DE DIOS: pp. _____

Reading / Lectura: _____ (biblical ref.)

Responsory / Responsorio:

[stand/de pie]

Canticle of Zechariah / Cántico de Zacarías (*Benedictus* – full text on pg. 691-692)

Antiphon / Antífona: pg. _____

Intercessions / Preces: pg. _____

Our Father / Padre Nuestro

Concluding Prayer / Oración: pg. _____

CONCLUSION / CONCLUSIÓN (full texts on pg. 692-694)

Blessing / Bendición & Dismissal / Despedida

EVENING PRAYER / VISPERAS

Day/Date: _____ Feast: _____ Psalter Week # _____

(Note: Evening Prayer on Saturdays uses the texts for EP1 of the following Sunday.)

[stand/de pie]

OPENING DIALOGUE / DIÁLOGO INICIAL (full text on pg. 694)

HYMN / HIMNO: _____

[sit/sentado]

PSALMODY / SALMODIA: pp. _____

Psalm # _____ / Salmo # _____ (Note: Psalm numbers are often 1 *more* in Engl. than in Span.)

Antiphon 1 / Antífona 1:

[Psalm Prayer - *optional*]

Psalm # _____ / Salmo # _____

Antiphon 2 / Antífona 2:

[Psalm Prayer - *optional*]

Canticle / Cántico: _____ (biblical ref.)

Antiphon 3 / Antífona 3:

[Psalm Prayer - *optional*]

WORD OF GOD / PALABRA DE DIOS: pp. _____

Reading / Lectura: _____ (biblical ref.)

Responsory / Responsorio:

[stand/de pie]

Canticle of Mary / Cántico de María (*Magnificat* – full text on pg. 696)

Antiphon / Antífona: pg. _____

Intercessions / Preces: pg. _____

Our Father / Padre Nuestro

Concluding Prayer / Oración: pg. _____

CONCLUSION / CONCLUSIÓN (full texts on pg. 698)

Blessing / Bendición & Dismissal / Despedida

In the four-volume set, see *Liturgy of the Hours, Volume 3* (for Ordinary Time, Weeks 1-17):

- For the “Ordinary” structure of MP, see pp. 654-659
- For the “Ordinary” structure of EP, see pp. 668-672
- Check if there is a Feast or Memorial of a Saint: pp. 17-29 and 1301-1577 (using the “Commons,” pp. 1579-1874, is often optional)
- See the “Proper of Seasons”: pp. 53-646 (but note that most Weekdays in Ordinary Time do not have “Proper” texts for MP or EP, only for the “Office of Readings”)
- For the 4-week Psalter, see pp. 675-1263